

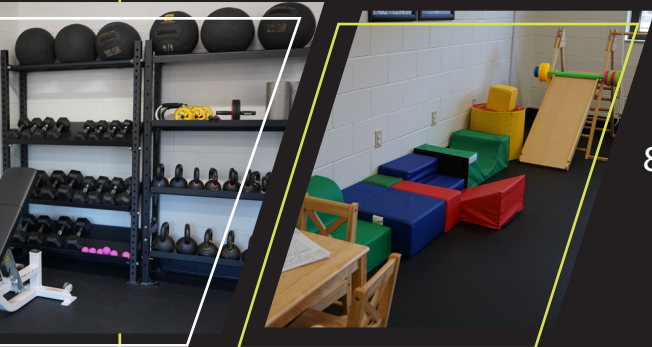
# WE ARE OPEN

SEMPER FIT FAMILY  
FITNESS AREA

Our family friendly space  
lets you lift, run and  
train while your kids  
play safely nearby.

## EQUIPMENT AVAILABLE:

- + KETTLE BELLS
- + FREE WEIGHTS
- + MEDICINE BALLS
- + CARDIO MACHINES
- + SPACE TO MOVE
- + AND MUCH MORE!



**Semper Fit Laurel Bay Center**

206 Althea St. Laurel Bay, SC 29906

843-846-0147 or [sc.sports@usmc-mccs.org](mailto:sc.sports@usmc-mccs.org)



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