

MCCS South Carolina provides a wide variety of programs and services to support all Marines, Sailors and their families. Visit mccs-sc.com for the most up to date information and to learn more about all programs available at MCAS Beaufort, SC and MCRD Parris Island, SC.



southcarolina.usmc-mccs.org



Military OneSource is your connection to information, answers and support when MilLife happens. We can help you overcome challenges, reach your goals and thrive.



MILITARYONESOURCE.MIL



(800)-342-9647



The Military Crisis Line, text-messaging service, and online chat provide free VA support for all Service members, including members of the National Guard and Reserve, and all Veterans, even if they are not registered with VA or enrolled in VA health care.



VETERANSCRISISLINE.NET



DIAL (1-800)273-8255



## PROGRAM ABBREVIATION KEY

**CCP - Community Counseling Program** 

**CDC - Child Development Center** 

**EFMP - Exceptional Family Member** 

**FAP - Family Advocacy** 

FMEAP - Family Member Employment Assistance Program

**FOCUS - Families Over Coming Under Stress** 

I & R - Information, Referral and Relocation

M & FP - Marine& Family Programs

**MFLC - Military Family Life Counselor** 

**MOS - Military OneSource** 

**NPSP - New Parent Support Program** 

**PFMP - Personal Financial Management Program** 

**SAP - Substance Abuse Program** 

**SARC - Sexual Assault Response Coordinator** 

**SLS - School Liaison** 

**URC - Uniformed Readiness Coordinator** 

**VAH - Victim Advocacy Helpline** 



## WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL
RESOURCES AVAILABLE ON YOUR INSTALLATION



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A QUICK-ACCESS GUIDE FOR HELPFUL RESOURCES AVAILABLE ON YOUR INSTALLATION





VOLUNTARY EDUCATION: (843) 228-2086



SCHOOL AGE CARE: (843) 228-1669



LIBRARY: (843) 228-1672



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## MCRD Parris Island, SC



\* SEE REVERSE SIDE FOR ABBREVIATION KEY

PHONE NUMBER	(843) 228-2044	(843) 228-3514	(843) 228-3533	(843) 228-3367	(843) 228-6126	(843) 228-3377	(843) 228-6618	(843) 228-2371	(843) 228-7352	(843) 605-3508	(800) 273-8255	(800) 342-9647	(843) 228-1318	(843) 228-6565	(843) 228-2218	(800) 733-2767	(843) 228-6003	(843) 228-3744	(843) 228-6128	(843) 592-0646	(843) 228-3599
PRIMARY CONCERN	ССР	CDC	CHAPLAIN	EFMP	FAP	FMEAP	FOCUS	I & R	M&FP	MFLC	MILITARY CRISIS LINE	MOS	NAVY HEALTH CLINIC	NPSP	PFMP	RED CROSS	SAP	SARC	SLS	VICTIM HELPLINE	VAH
ABUSE / NEGLECT			<b>/</b>		<b>&gt;</b>			<b>V</b>	<b>/</b>											<b>/</b>	
ALCOHOL / DRUGS			>					<b>✓</b>	<b>✓</b>								<b>/</b>				
ANGER ISSUES	<b>/</b>		>		>			<b>V</b>	<b>/</b>	<b>&gt;</b>		>	>								
ANXIETY / PANIC	<b>/</b>		>					<b>✓</b>	<b>✓</b>	/		>	>								
DEPLOYMENT / RELOCATION			<b>✓</b>		<b>/</b>	<b>/</b>		<b>/</b>	<b>/</b>			<b>✓</b>									
DISASTER RECOVERY								<b>/</b>	<b>'</b>			<b>✓</b>				<b>✓</b>					
FINANCES								<b>/</b>	<b>/</b>			<b>/</b>			<b>/</b>						
GRIEF / DEATH	<b>'</b>		<b>✓</b>					<b>/</b>	<b>'</b>	<b>/</b>		<b>✓</b>									
MARRIAGE & FAMILY	<b>/</b>		<b>/</b>		<b>/</b>	<b>/</b>	<b>/</b>	<b>/</b>	<b>/</b>			<b>/</b>			<b>/</b>						
NUTRITION / FITNESS								<b>/</b>	<b>'</b>			<b>✓</b>									
PARENTING	<b>/</b>		<b>/</b>		<b>/</b>			<b>/</b>	<b>/</b>	<b>/</b>		<b>/</b>		<b>/</b>							
RELATIONSHIPS	<b>'</b>		<b>/</b>		<b>/</b>			<b>/</b>	~	<b>V</b>		<b>/</b>									
SADNESS / DEPRESSION	<b>/</b>		<b>/</b>		<b>/</b>			<b>V</b>	<b>/</b>	<b>/</b>		<b>/</b>	/								
SEXUAL ASSAULT																		<b>✓</b>			<b>/</b>
SEXUAL HARASSMENT																		<b>/</b>			
SPECIAL NEEDS				<b>/</b>				<b>/</b>	<b>'</b>			<b>/</b>									
SUICIDAL / HOMICIDAL THOUGHTS	<b>/</b>		<b>✓</b>		<b>✓</b>			<b>/</b>	<b>V</b>	<b>/</b>	<b>✓</b>	<b>/</b>	<b>✓</b>								
WORK / SCHOOL	<b>'</b>	<b>'</b>				<b>'</b>		<b>/</b>	<b>'</b>										<b>/</b>		