

"OPERATION" GUMDROP GRIT

PATHWAY TO PREVENT & PROTECT

10 SEP 1200-1500
MCAS FITNESS CENTER GYM

FUN/FRIENDS

FITNESS

FAITH

FINANCES

FROM

FAMILY

FUTURE

Open to all
authorized
patrons!

Step into a life-size gameboard,
complete fun challenges, meet
helpful base resources, score
prizes, and leave with your own
personalized game plan to achieve
Marine Corps Total Fitness.

**Join CCP for
World Suicide
Prevention Day!**

REGISTER HERE



**FOLLOW THE PATHWAY
BUILD YOUR PLAN
STRENGTHEN OUR FORCE**

MARINE & Family

Community
Counseling
Program

MC&CS
SOUTH CAROLINA

For more info:
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