

# F M E A P

Family Member Employment Assistance Program

---

*Providing military family members with the tools they need to successfully search for employment.*

[mccs-sc.com/mil-fam/fmeap](http://mccs-sc.com/mil-fam/fmeap)  
[facebook.com/mccssouthcarolinafmeap](https://facebook.com/mccssouthcarolinafmeap)

## CLASSES AND WORKSHOPS

---

### **INTERVIEW TECHNIQUES**

- Learn to interview effectively and confidently, how to dress for success, answer and ask questions, prepare for different types of interviews, write thank you notes, and follow-up.

### **FEDERAL EMPLOYMENT WORKSHOP**

- Understand the complicated application process and the steps you should take before, during, and after you apply.

### **RÉSUMÉ WRITING**

- Learn how to create a résumé that identifies your skills and accomplishments to help you land an interview. (Basic Résumé Writing, Target Résumé Writing, and Master Résumé Writing)

### **SPOUSE TRANSITION AND READINESS SEMINAR (S.T.A.R.S.)**

- S.T.A.R.S. addresses the challenges and opportunities specifically for spouses as they prepare to transition with their Marines into the civilian world. Information will be given on eBenefits, TRICARE, personal finance, MCCS careers, transition readiness, and much more.

### **SALARY NEGOTIATIONS**

- Get an in-depth look at how and when to negotiate your current or prospective salary.



# BENEFITS AND SERVICES

---

## **OPPORTUNITIES**

- FMEAP acts as a liaison to local and national employers and can help you find local employment opportunities.

## **GUIDANCE**

- Free career coaching and job search guidance available by email, phone, or one-on-one

## **RESOURCES**

- Resources about employment, skills-based education, training, and volunteer opportunities.

## **PERSONALIZED EXPERIENCE**

- Personalized access to thousands of occupations and career building activities based on your interests, abilities, and work values.

## **CAREER ASSESSMENT**

- Find the type of work best suited for your aptitude, abilities, and temperament.

## CONTACT

---

### **MCAS BEAUFORT**

Bldg. 807, Rm 104  
Hoffecker Ave.  
843-228-6463  
Mon-Fri: 0730-1630

### **MCRD PARRIS ISLAND**

Bldg. 923, Rm 27  
Chosin Reservoir Rd  
843-228-3377  
Mon-Fri: 0800-1630

