



**Join Semper Fit for a Breast Cancer Awareness Bra Crawl!**

**REGISTER HERE**

Decorate your bra for the cause! Wear a decorated bra on the outside of your clothes for a chance to win. Most creative will win a gift card!

This is a family friendly 5K run/walk.

FREE t-shirts for the first 25 people who cross the finish line.  
Medals given to ALL participants.



**03 OCT 1700-1830 | MCRD FITNESS CENTER**  
**LIGHT REFRESHMENTS WILL BE PROVIDED!**  
(while supplies last)



FOR MORE INFO:  
sc.smp@usmc-mccs.org or 843-228-7405



Disclaimer: No Federal or DoD endorsement implied