

# WARRIOR ATHLETE

READINESS & RESILIENCE

# SOCIAL FITNESS 5K

EVERY MILE. EVERY MARINE. WHOLE WARRIOR.

11 FEBRUARY 0700

FOUR WINDS FAMILY READINESS CENTER  
MCRD PARRIS ISLAND

**Stronger Physically. Resilient Mentally.**

**Grounded Spiritually. Connected Socially.**

**FREE EVENT!**

OPEN TO ALL AUTHORIZED PATRONS.

T-SHIRT AND MEDAL WHILE SUPPLIES LAST.

NO REGISTRATION NEEDED.

For more information:

[sc.sports@usmc-mccs.org](mailto:sc.sports@usmc-mccs.org)

843-228-6374

SOCIAL



PHYSICAL



MENTAL



SPIRITUAL



STRONG FOUNDATION. STRONG FAMILIES. STRONGER MARINES.



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