

WARRIOR ATHLETE
READINESS & RESILIENCE

SOCIAL FITNESS 5K

EVERY MILE. EVERY MARINE. WHOLE WARRIOR.

11 FEBRUARY 0700

**FOUR WINDS FAMILY READINESS CENTER
MCRD PARRIS ISLAND**

**Stronger Physically. Resilient Mentally.
Grounded Spiritually. Connected Socially.**

FREE EVENT!

**OPEN TO ALL AUTHORIZED PATRONS.
T-SHIRT AND MEDAL WHILE SUPPLIES LAST.
NO REGISTRATION NEEDED.**

For more information:
sc.sports@usmc-mccs.org
843-228-6374

SOCIAL



PHYSICAL



MENTAL



SPIRITUAL



STRONG FOUNDATION. STRONG FAMILIES. STRONGER MARINES.



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