

HOW TO SOOTHE A CRYING BABY

Does your baby need:

- Feeding?
- Burping?
- Diapering?

Is your baby:

- Ill or feverish? Seek medical attention!
- Too cold?
- Too warm?

Try:

- Offering a pacifier, warm bath or toy.
- Cuddling or rocking.
- Reading, singing or playing music.
- Changing baby's environment:
 - Take baby for a stroller walk.
 - Take baby for a car ride.

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mccs-sc.com/mil-fam/npsp.shtml

BABIES CRY... **Be Prepared**



Feeling Frustrated:

- Call family or a friend.
- Place your baby in a safe environment and walk away to calm down.

**NEVER
SHAKE
Your Baby**