

THE COMMITMENT *Plan*



IN-PERSON MEETING:
MCAS MCFTB OFFICE
EVERY 3RD TUESDAY
0930-1030



VIRTUAL MEETING:
TEAMS/VIRTUAL
EVERY 3RD TUESDAY
1100-1200

Thinking about marriage or a long-term commitment? Maybe you are already in a relationship and just want a “Check-Up.” Join this one-hour discussion to explore values, boundaries, conflict styles, finances, and expectations – so you can move forward with clarity and confidence.

Private or individual sessions available by appointment. Call 843-228-7495.

**Educational discussion only;
not counseling.**

