

MCCS GIVES BACK! UNIT FUNDRAISING EVENT

C.D.'s CUP

MCAS BEAUFORT

WARRIOR ATHLETE
READINESS & RESILIENCE



21 FEB
ARRIVE 0830
START 0900
MCAS BEAUFORT
FITNESS
CENTER

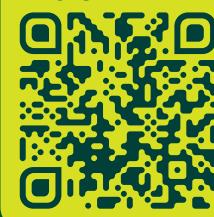
TOP 3 MALE & FEMALE
COMPETITORS WILL BE
AWARDED UNIT FUNDS.
1ST PLACE: \$250
2ND PLACE: \$175
3RD PLACE: \$75

SQUAT - BENCH - DEADLIFT

1000 LB: MEN / 500 LB: WOMEN

This is a raw competition. Supportive/assistive suits are NOT permitted. Supportive knee sleeves, wrist wraps and belts ARE permitted.

REGISTER HERE



EARN A CHALLENGE COIN AND T-SHIRT (LIMITED SIZES)
BY REACHING THE GOAL! WHILE SUPPLIES LAST.

WANT AN EXTRA CHALLENGE?

Achieve 1500 lbs (Men) or 750 lbs (Women) and sign our wall.

VOLUNTEERS NEEDED!

OPEN TO ACTIVE DUTY & DEPENDENTS
WITHIN SQUADRON/BATTALION.



DISCLAIMER: No Federal or DoD endorsement implied.