

# LIBRARY RESOURCE LIST

FAMILIES (FOSTERING FAMILY CONVERSATIONS)



## **The School of Hard Talks: How to Have Real Conversations with Your (Almost Grown) Kids**

- Author: Emily, Kline, PhD | Ebook

This book provides actionable strategies for having real conversations with your kids.

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## **See You at the Campground**

- Author: Stephanie and Jeremy Puglisi | Ebook & Audiobook

This book serves as a guide to camping with your family.

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## **An Early Start for Your Child with Autism**

- Author: Stephanie and Jeremy Puglisi | Ebook

This is a practical book with strategies to help build important developmental skills.

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## **Outdoor Kids in an Inside World**

- Author: Steven Rinella | Ebook & Audiobook

This book provides actionable strategies to get your kids off their devices and outdoors to connect as a family.

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## **The 7 Habits of Highly Effective Families**

- Author: Stephen R. Covey and Sandra Covey | Ebook

This book is a practical guide to navigating the challenges of family life.

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## **Find Your People**

- Author: Jennie Allen | Ebook

This book offers practical solutions for creating true community, the kind that's crucial to our mental and spiritual health.

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## **The Military Father: A Hands-on Guide for Deployed Dads**

- Author: Armin A. Brott | Ebook

A much-needed resource for the long-distance dads and dads-to-be, who are seeking information and advice on how to be involved with their family before, during, and after their deployment.

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## **The 5 Love Languages, Military Edition: The Secret to Love That Lasts**

- Author: Gary D. Chapman and Jocelyn Green | Audiobook

This book explores the "revolving door" dilemma of youth ministry.

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All of the above titles are available digitally at the [DoD MWR Libraries](#). Visit to discover an array of topics available in books, e-books, audio books, universal courses, and more!

## The American Bar Association Legal Guide for Military Families: Everything You Need to Know about Family Law, Estate Planning, and the Service Members Civil Relief Act

- Author: American Bar Association | Ebook

This book will help all service members clarify their legal issues, understand the options, and locate assistance.

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## Anatomy of a Soldier: A novel

- Author: Harry Parker | Audiobook

This book is a stunning first novel—of patriotism, heroism, and profound humanism—that will immediately take its place on the shelf of classics about what it truly means to be at war.

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## Life Hacks for Military Spouses: Advice, Wit, and Humor from Those Who Served Behind the Scenes

- Author: Allison Wood and Tracey Enerson Wood | Ebook

A colorful collection of tips and tricks for getting the most out of the nomadic military lifestyle.

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## Wordy Birdy

- Author: Tammi Sauer | Ebook

A funny, chatty, boisterous adventure about the importance of listening and speaking up for your friends.

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